



Coaches

Concussion

As per Calgary Sledge Hockey Policy if a participant is suspected of having a concussion, the following steps MUST occur:

- The participant is immediately removed from play, regardless if the concussion occurs on or off the ice and they are not permitted to return to play that day. If there are doubts, assume that a concussion has occurred.
- The participant is referred to a physician for diagnosis as soon as possible.
- If a participant is diagnosed with "concussion-like symptoms" or a concussion, the participant is not permitted to return to play or practice/training until all of the return to play requirements are met.

Written clearance from a physician is required as outlined in the return to play strategy prior to returning to activity. A copy of this documentation is maintained as per Calgary Sledge Hockey Association policy and procedures.

